



CAPABILITY STATEMENT

CORE COMPETENCIES

Physical and Sports Rehab specializes in rehab and performance training that utilizes the basis of rehabilitative sciences and evidence-based practice. Our unique approach focuses on patient empowerment which entails a thorough understanding of the science of healing and applying movement patterns that build on the foundation of functional movement. This approach is also complemented by the use of various therapeutic techniques in preparing the healing tissue for patterned movement.

REHAB SERVICES

- Comprehensive Pain Management Program
- Treatment of Spinal Conditions
- Arthritis Pain Program
- Management of Orthopedic Conditions
- Neurological Rehab
- Pre and Post Surgical Rehab
- Work Injuries
- Auto Injuries
- Sports Injuries/ Reassessment and Rehab
- Sports Conditions & Injury Consultation
- Rehab in Cognitively Impaired & Geriatric Patients
- Ergonomic Training

DIFFERENTIATORS

Our primary focus is educating patients so that they understand what their body is going through anatomically and physiologically. We truly care about our patients and our founder always says, "We treat others the way we want our family to be treated." Our clinic is like a second home to our patients. We also pride ourselves on being a professional and friendly facility.

CONTACT

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NAICS CODES

- 621340 - Physical Therapy Office
- 713940 - Speed, Mobility, Agility, and Quickness Training Services

CERTIFICATIONS

- MDOT MBE #18-127
- Prince George's County MBE #18-13260
- Prince George's County CBSB #CBSB-18-947

EXPERIENCE

We have treated over 3,000 patients. Our licensed therapists have more than 15 years of experience. Doctoral Degrees.